

BLOSSOM'S ORGANICS MOROCCAN (RAS EL HANOUT)



Blossom's Organics Moroccan Blend can be used to flavour roasted vegetables, rice dishes, legumes, soups and wherever your imagination might take you. Since there are no additives, fillers or salt, a little goes a long way so please use sparingly to taste.

CHICKPEA TAGINE

INGREDIENTS

- 2 tbsps. Blossom's Organics Moroccan Blend
- 1kg cooked chickpeas
- 1/4 to 1/2 cup olive / coconut oil
- 2 large onions
- Garlic cloves (optional)
- 1 preserved lemon cut into slices or juice of 1 lemon with a bit of rind added to the tagine
- 1 2 cups of water or stock depending on thickness of gravy required
- Salt to taste



METHOD

- 1. Fry onions in oil.
- 2. Add Blossom's Organics Moroccan Blend remember to always cook my blends on low heat.
- 3. Add cooked chickpeas and crushed garlic cloves.
- 4. Traditionally, tagines include dried fruit. I love adding prunes and apricots at this step with almonds, preserved lemons in chunks, 4 tomatoes / tin of tomatoes, carrots and eggplant.
- 5. Add 1 cup water and salt to taste.
- 6. Bring to the boil and simmer on low heat for 15 minutes.
- 7. Optional add a small bunch of chopped coriander leaves or use as a garnish at the end of cooking and a dollop of good quality yoghurt before serving.
- 8. Remove from heat serve with cous cous / rice / mashed potato / bread etc.
- 9. Enjoy!

