

CHAI TEA BLEND

My suggestion for making **Blossom's Organics Chai Tea Blend**

All you need to do is add 1 to 2 teaspoons of **Blossom's Chai Tea Blend** per cup of water and milk or soymilk (your preference).

Bring to near boiling point and simmer for a couple minutes to release the fragrant aroma of the organic black tea, spices and herbs.

Strain into cups.

Add half to one teaspoon honey or sugar (preferably organic) to taste.

I like sitting down, putting my feet up and savouring every drop. Aaah.... relax and enjoy!



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